



CLINICAL CASES IN GASTROENTEROLOGY & HEPATOLOGY

Montecatini Terme, 30-31 october 2025

GRAND HOTEL TAMERICI & PRINCIPE

A BIT OF CONTEXT

MIMI-7 “Montecatini Interactive Medicine International” is a sequel of the MIMI I-VI meetings, which were held periodically in Montecatini Terme, in the heart of Tuscany, after the very first one that took place in february 2005. These were inspired by Andrew K. Burroughs’ idea of a cyclic educational and interactive event for young trainee doctors, thus becoming a regular event in the Italian gastroenterology calendar.

The format of the meeting continues to be based on a series of interactive multidisciplinary **CLINICAL CASE DISCUSSIONS** in Gastroenterology, involving young trainee doctors and a panel of experts, including pathological, radiological and surgical expertise (other specialists where applicable), interspersed with questions directed to the audience, to be voted on simultaneously, which will serve as a subsequent point of discussion among the panel members.

We aim to confirm the presence (in selected cases) of the patient himself in the panel who will explain his/her history and discuss it with the experts. This was a novelty in MIMI-6 and was very well received by the people involved and the audience.

Moreover some shorter dynamic face-to-face sessions (“**MIMI-7 BOXING RING**”) will be part of the scientific program. These will see two (or more) international experts facing each other on selected clinical scenarios (presented by young trainee doctors), comparing two different techniques or strategies. The idea of the “BOXING RING” was borrowed from an original (unfortunately never realized) project by our unforgettable friend Claudio Puoti, who was a regular guest of previous MIMI editions; this is our way of honoring his memory.

Finally, we have planned some “**LECTURES**” on topical subjects in gastroenterology and hepatology, and a “**ROUNDTABLE**” with **UEG delegates**. The latter, which was made possible by Dr. Montalto’s experience as AIGO representative in UEG over the last 3 years, will be focused on the burden of obesity and related diseases.

It is our intention to confirm 20 free participations (including hotel accommodation) for young trainee doctors from all over Italy (AIGO, SIED, SIGE, AGGEI) and 2 intriguing **HANDS-ON SESSION** (small groups, parallel to the plenary session).

RAZIONALE

MIMI-7 “Montecatini Interactive Medicine International” è il sequel dei meeting MIMI I-VI, organizzati periodicamente a Montecatini Terme, nel cuore della Toscana, dopo la prima edizione del febbraio 2005, ispirato dall'idea di Andrew K. Burroughs di un evento ciclico formativo e interattivo per i giovani medici in formazione, diventando così un appuntamento fisso nel calendario della gastroenterologia italiana.

Il format dell'incontro continuerà a basarsi su una serie di **CLINICAL CASE DISCUSSIONS** interattive multidisciplinari in Gastroenterologia, coinvolgendo giovani medici specializzandi e un panel di esperti, tra cui patologi, radiologi e chirurghi (eventualmente altri specialisti), intervallate da domande rivolte al pubblico, per televoto simultaneo, che serviranno come successivo punto di discussione tra i membri del panel e per la relazione conclusiva.

Vogliamo confermare la presenza (in casi selezionati) del paziente stesso nel panel, che spiegherà la sua storia e la discuterà con gli esperti. Questa è stata una novità di MIMI-6 ed è stata accolta molto bene da tutte le persone coinvolte e dal pubblico.

Inoltre, saranno parte integrante del Programma Scientifico alcune sessioni dinamiche più brevi, face-to-face (“**MIMI-7 BOXING RING**”), che vedranno due (o più) esperti internazionali confrontarsi su scenari clinici selezionati (presentati da giovani medici), mettendo a confronto due diverse tecniche o strategie. L'idea del “BOXING RING” è mutuata da un progetto originale (purtroppo mai realizzato) del nostro indimenticabile amico Claudio Puoti, che è stato ospite fisso delle precedenti edizioni del MIMI; in questo modo vogliamo onorare la sua memoria.

Abbiamo infine previsto alcune “**LECTURES**” su argomenti di attualità in gastroenterologia ed epatologia, e una “**UEG ROUNDTABLE**”; quest'ultima, resa possibile dall'esperienza del Dr. Montalto come rappresentante AIGO in UEG negli ultimi 3 anni, sarà incentrata sulla pandemia di obesità e delle malattie ad essa correlate.

È nostra intenzione confermare 20 partecipazioni gratuite (comprehensive di sistemazione alberghiera) per giovani medici (AIGO, SIED, SIGE, AGGEI) provenienti da tutta Italia e 2 **HANDS-ON SESSION** a piccoli gruppi.



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PRELIMINARY PROGRAM

THURSDAY 30 OCTOBER 2025

09.00 – 09.40

LECTURE I:

HOW DO I IMAGINE GASTROENTEROLOGY IN 2050? (young vs expert)

09.40 – 10.10

MIMI-7 BOXING RING I:

HOW CAN I OPTIMIZE COLON CANCER SCREENING?

10.10 – 11.10

CLINICAL CASE DISCUSSION I:

DYSPEPSIA / REFLUX

11.10 – 11.30

PAUSE

11.30 – 12.30

CLINICAL CASE DISCUSSION II:

BILIARY ACUTE PANCREATITIS

12.30 – 13.00

MIMI-7 BOXING RING II:

COLON/GASTRIC LESIONS: ASSOCIATED TECHNIQUES

Take Home Messages

Lunch

14.30 – 15.10

MIMI-7 BOXING RING III

GASTRIC CANCER 2025: from surveillance to treatment

15.10 – 15.40

LECTURE II:

EOSINOPHILIC ESOPHAGITIS 2025

15.40 – 16.40

CLINICAL CASE DISCUSSION III

HCC IN ADVANCED CIRRHOSIS



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16.40 – 17.10

MIMI-7 BOXING RING IV (CLAUDIO PUOTI)

PRIMARY BILIARY CHOLANGITIS: STANDARD vs NEW THERAPIES

17.10 – 17.40

PAUSE

17.40 – 18.10

MIMI-7 BOXING RING V (CLAUDIO PUOTI)

HAEMATEMESIS: When the On Call Endoscopist's Mobile Rings ...

18.10 – 18.40

LECTURE III

IBD TREATMENT 2025: from Mesalazine ...

.. to new Biologic Drugs

Take Home Messages

Hands On Sessions (small groups)



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FRIDAY 31 OCTOBER 2025

08.30 – 09.30

CLINICAL CASE DISCUSSION IV

REFRACTORY ULCERATIVE COLITIS

09.30-10-15

LECTURE IV

MYCROBIOMA 2025: Metabolic Syndrome – Digestive Tumours

10.15 – 11.15

UEG ROUNDTABLE

OBESITY AND RELATED DISEASES: TIME FOR A CALL TO ACTION

11.15 – 11.30

PAUSE

11.30 – 12.30

CLINICAL CASE DISCUSSION V

DECOMPENSATED CIRRHOSIS

12.30 – 13.00

MIMI-7 BOXING RING VI

RECURRENT ABDOMINAL PAIN (CONSTIPATION IN DIVERTICULAR DISEASE)

13.00 – 13.30

LECTURE V

NEUROENDOCRINE TUMOURS

Take Home Messages

MIMI Awards (Snapshot Quiz)

Hands On Sessions (small groups)

Responsabile Scientifico: dr. Paolo Montalto